

## Photo Gallery



### MORNING EXERCISES SCHEDULE

Monday– Tai Chi with Clarence at 9:15am  
 OneCare Exercises Tuesday, Wednesday and  
 Friday at 9:15am in the Activity Room  
 Thursdays– Yoga with Cynthia at 10:30am  
**HAIR SALON**  
 Open Tuesday-Friday 8:30am-2:30pm  
**GODERICH SENIORS BUS**  
 Thursday mornings—Call 1-877-502-8277  
**TEA TIME**  
 Every Evening at 7:00pm in the Dining Room

## Buttery Eggnog Cookies

### Ingredients:

- 2 1/4 cups all-purpose flour
- 2 tsp baking powder
- 1/2 tsp salt
- 1/2 tsp ground nutmeg , plus more for topping
- 1/2 tsp ground cinnamon
- 3/4 cup unsalted butter , at room temperature
- 1/2 cup granulated sugar
- 1/2 cup packed light-brown sugar
- 2 large egg yolks
- 1 tsp vanilla extract
- 1/2 tsp rum extract
- 1/2 cup eggnog



### Directions:

1. Preheat oven to 350°F (180C). Line baking sheets with silicone baking mats or parchment paper.
2. Whisk together dry ingredients.
3. In an electric mixer cream butter and sugars until pale and fluffy.
4. Mix in yolks one at a time then blend in vanilla, rum extract and eggnog.
5. Blend in dry ingredients.
6. Scoop out by heaping tablespoons and drop on prepared baking sheets spacing 2-inches apart.

Bake until set. Let cool then frost with your favourite icing .



# December 2019



### FROM THE GENERAL MANAGER

Goderich Place would like to give a big thank you to all of our wonderful staff and residents who made a generous donation to our Snowflake Bazaar and/or our Silent Auction. We also had many local businesses give generous donations to the Silent Auction and Raffle as well. It was so wonderful to be able to donate so many toys to the Huron County Christmas Bureau for local families in need.

As mentioned at the November Resident's Council Meeting, starting in January 2020, Goderich Place will be charging \$50 to rent our entertainment and activity rooms for private functions. This cost will help to pay for staffing needed to set up and tear down/clean the rooms. Thank you for your understanding.

December will be a fun-filled month with Christmas activities and events. We look forward to seeing many family members at our annual Family/Resident Christmas Dinner on Sunday, December 8<sup>th</sup>. We wish you all a safe and happy holiday season!

**-Brittany Hamilton**

**Please join us at  
any of our events!**

**Christmas Sweater Day  
with the**

**Bayfield Ukulele Group**

Tues Dec. 3rd at 6:30pm

**Full Circle Concert**

Tues Dec 5th at 6:30pm

**Christmas Dinner Buffet**

Sun. Dec. 8th

1st Sitting-4:00pm

2nd Sitting-6:00pm

**Irish Cowboys**

Fri Dec. 13th at 2:00pm

### FROM THE ACTIVITY DIRECTOR

The holiday season is officially here, my favourite time of year! Thank-you to everyone who came to our annual Snowflake Bazaar and Christmas Festival in November! Both events were both a huge success and enjoyed by all! A special thanks to all of the local businesses and individuals who donated and participated in our silent auction and raffle draws. Congratulations to all the winners! We have some exciting outings planned this month, a trip to the McKay Centre to see a musical performance by SGT. Wilson's Air-force, a lunch outing to Parkhouse here in Goderich and a Christmas lights tour to see the beautiful colours of the season. Please sign up at the front desk if you would like to join us!

Coming up in December, we have an abundance of musical entertainment! Please feel free to join us at any of our events. On behalf of all of the management here at Goderich Place, we would like to wish you all a happy and merry holiday season and best wishes in the coming new year!

**Merry Christmas & Happy New Year!**

**Michelle Weishar**

If you have any questions about any of the events or would like a copy of our calendar, please email me at [activationgp@hurontel.on.ca](mailto:activationgp@hurontel.on.ca) or call 519-524-4243 ext. 221.



**GODERICH PLACE, 30 BALVINA DRIVE, GODERICH, ONTARIO, N7A 4L5**



2019

## Activity Calendar

December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 10:15 St. Peter's Parish</p> <p>1:30 Salvation Army Choir</p> <p>6:30 Bible Study w Ginnie</p>	<p>2. 9:15 Tai Chi 9:45 Knitting Club 10:30 Book Club</p> <p>2:00 Cranium Crunches</p> <p>6:30 Cards</p>	<p>3. "Christmas Sweater Day" 9:15 OneCare Exercises 10:15 Shopping-Malls</p> <p>2:00 Christmas Craft with Sarah</p> <p>6:30 Bayfield Ukulele Society to Entertain</p>	<p>4. 9:15 OneCare Exercises 9:30 Quilt Tying 10:30 Tuck Shop</p> <p>2:00 Christmas Shopping in Goderich</p> <p>6:45 Bingo with Henry</p>	<p>5. 10:00 Coffee Break with Amber</p> <p>10:30 Yoga 11:00 Trivia 1:30 Trip to Clinton for Tunes</p> <p>3:30 St. George's Anglican Church Service</p> <p>6:30 Full Circle Christmas</p>	<p>6. 9:15 OneCare Exercises 11:00 Mind Joggers 1:00 The Vintage Sound of the 40's &amp; 50's.. Outing to McKay Centre</p> <p>3:45 Catholic Women's Choir</p> 	<p>7. 10:00 Students of Suzanne MacVicar Christmas Performance</p> <p>2:00 Students of Susanne Barnett Piano Recital</p>
<p>8. 10:15 St. Peter's Parish</p> <p>4:00pm and 6:00pm Christmas Buffet Supper</p> 	<p>9. 9:15 Tai Chi 10:00 McKay Choristers Performance</p> <p>9:45 Knitting Club 10:30 Book Club 1:30 Mrs. Logan's Grade 4 Class Visits</p> <p>6:30 Dames Rockets</p>	<p>10. Footcare 9am-12 9:15 OneCare Exercises 10:15 Shopping-Square</p> <p>2:00 Christmas Edition Show &amp; Tell</p> <p>6:30 Euchre</p>	<p>11. 9:15 OneCare Exercises 10:30 Tuckshop 11:30 Lunch Outing to Parkhouse in Goderich</p> <p>2:00 Coffee with Elaine</p> <p>6:45 Bingo with Donna</p>	<p>12. 10:00 Coffee Break with Amber</p> <p>10:30 Yoga 11:00 Trivia</p> <p>2:00 Adult Colouring</p>	<p>13. 9:15 OneCare Exercises 11:00 Mind Joggers</p> <p>2:00 Irish Cowboys to entertain</p>	<p>14. 1:00 Cards 1:00 Bridge</p> <p>2:00 Movie &amp; Snacks</p>
<p>15. 10:15 St. Peter's Parish 1:00 Lakeshore United Church Service on Ch. 10 (Eastlink) &amp; Ch. 1 (Huronel)</p> <p>1:00 Cards 2:30 Movie &amp; Snacks 6:30 St. Joseph's Gospel Choir</p>	<p>16. 9:15 Tai Chi 9:45 Knitting Club 10:30 Book Club</p> <p>2:00 Welcome Tea</p> <p>6:30 Cards</p>	<p>17. 9:15 OneCare Exercises 10:15 Shopping-Malls 2:00 Kindred Spirits Christmas Performance</p> <p>3:30 Lakeshore United Church Service</p> <p>6:15 Christmas Lights Bus</p>	<p>18. Sound Therapy 9:15 OneCare Exercises 9:30 Quilt Tying 10:30 Tuck Shop</p> <p>1:30 Grade 3 &amp; 4 GPS Holiday Carols</p> <p>6:45 Bingo w Ethan &amp; Paige</p>	<p>19. 10:00 Coffee Break With Amber</p> <p>10:30 Yoga 11:00 Trivia 2:00 Monthly Birthday Party with Sing Song Crew</p>	<p>20. 9:15 OneCare Exercises 11:00 Mind Joggers</p> <p>2:00 Wii Golf with Connie</p> 	<p>21. 1:00 Cards 1:00 Bridge</p> <p>2:00 Movie &amp; Snacks</p>
<p>22. 10:15 St. Peter's Parish 1:00 Lakeshore United Church Service on Ch.10 (Eastlink) Ch.1 (Huronel)</p> <p>1:00 Cards 2:30 Movie &amp; Snacks 6:30 Bible Study w Ginnie</p>	<p>23. Footcare 9am-12 9:15 Tai Chi 9:45 Knitting Club 10:30 Book Club</p> <p>2:00 Christmas Music with Gail</p> <p>6:30 Cards</p>	<p>24. 9:15 Exercise with Michelle</p> <p>2:00 Christmas Movie &amp; Hot Chocolate</p> <p>6:30 Euchre</p>	<p>25. 2:00 Name that Christmas Carol</p> 	<p>26. 2:00 Christmas Word Puzzles in Cardroom</p> 	<p>27. 11:00 Mind Joggers</p> <p>2:00 Town &amp; Country Cousins to Entertain</p>	<p>28. 1:00 Cards 1:00 Bridge</p> <p>2:00 Movie &amp; Snacks</p>
<p>29. 10:15 St. Peter's Parish 1:00 Lakeshore United Church Service on Ch. 10 (Eastlink) &amp; Ch. 1 (Huronel)</p> <p>1:00 Cards 2:30 Movie &amp; Snacks 6:30 Bible Study w Ginnie</p>	<p>30. 9:15 Tai Chi 9:45 Knitting Club 10:30 Book Club</p> <p>2:00 A Year in Review Picture Slideshow</p> <p>6:30 Cards</p>	<p>31. 10:15 Shopping-Malls 1:30 Resident Meeting 2:00 New Years Eve Happy Hour</p> <p>6:45 New Years Eve Bingo Bash with Donna!</p>	<p>Happy Birthday to...</p> <p>George W-3rd Bill H-8th Don M-18th Jeanne C-18th</p> <p>Gerald R- 23rd Mae I-24th Margaret P-24th</p>  		<p>Please join us for Tea Time—Every evening at 7:00pm in the Dining Room</p> 	